

# Anger's Boundaries

*"A man of wrath stirs up strife, and one given to anger causes much transgression." Proverbs 29:22 (English Standard Version)*

Adrenaline can be a \_\_\_\_\_ thing, just as \_\_\_\_\_ can be.

## Anger Is Sometimes The Right Response

- A. Some believe it is \_\_\_\_\_ acceptable to be angry. But it can give us needed \_\_\_\_\_ to do the \_\_\_\_\_ thing.
- B. Examples of anger as the right response:
1. Psalm 7:10,11 - \_\_\_\_\_ feels \_\_\_\_\_ every day.
  2. Psalm 78:58 – Israel \_\_\_\_\_ God to anger with their \_\_\_\_\_ places and their \_\_\_\_\_.
  3. Mark 3:5 - \_\_\_\_\_ felt anger because of the \_\_\_\_\_ of the opponents' \_\_\_\_\_.
  4. John 2:15-17 – Surely it was anger that moved \_\_\_\_\_ to drive the \_\_\_\_\_ out of the \_\_\_\_\_.
  5. John 11:33 – The word for “deeply \_\_\_\_\_” can also point to indignation. Jesus was angry at what \_\_\_\_\_ had done.

## Respecting The God-Given Boundaries Around Anger

- A. Clearly anger is given to us from \_\_\_\_\_. But can we \_\_\_\_\_ this gift?
- B. Respecting God's boundaries:
1. Genesis 4:6,7 - \_\_\_\_\_ should have \_\_\_\_\_ over his anger.
  2. 2 Chronicles 26:19 – Was Uzziah angry for a \_\_\_\_\_ reason, or because his \_\_\_\_\_ felt insulted by the \_\_\_\_\_?
  3. Jonah 4:1,4 – Did \_\_\_\_\_ do \_\_\_\_\_ to be angry?
  4. Proverbs 29:22 – A man of wrath stirs up \_\_\_\_\_ and can cause much \_\_\_\_\_.
  5. Proverbs 22:24,25 - If we associate with a man \_\_\_\_\_ to anger we may \_\_\_\_\_ his ways.
  6. Ephesians 4:31 – If our anger is of a \_\_\_\_\_ nature, we must put it \_\_\_\_\_.
- C. A \_\_\_\_\_ can do either good or bad. So it is with anger.

Ephesians 4:26,27 – We can be angry and not \_\_\_\_\_. But we must see that \_\_\_\_\_ often uses it to lead us astray.

*Tim Hall, Central Church of Christ, Johnson City, TN, February 16, 2025, a.m.*