

From Helpless To Hopeful

"I can do all things through Him who strengthens me." Philippians 4:13, English Standard Version

Though the man felt _____, _____ turned his life around.

John 5: A Man Without Help Finds Hope

- A. 5:1-3 – The _____ at Bethesda was a place for people who needed _____. (Verses __, __ are not in the earliest texts.)
- B. 5:5-7 – Jesus _____ the man and _____ his condition. He had been disabled for _____ years, and had _____ one to help him.
- C. 5:8,9 – Jesus told him to _____ up and _____ - and he did! How quickly this man's life had been _____ around!

When Life's Trials Leave Us Feeling Helpless

A. **Keep a proper perspective when you're feeling down:**

1. John 16:33 – In the _____ we will have _____, but Jesus has _____ the world.
2. Romans 5:3-5 – We can _____ in our sufferings because we know these make us _____, and God's _____ is with us.
3. Yancey: Instead of "Why _____?", ask "Why _____ me?"

B. **Persevere through trials:**

1. Philippians 4:13 – Through _____ we can do _____ things.
2. Romans 8:31,32 – God _____ us, and He will _____ give us _____ things.
3. Matthew 28:20 – _____ promised to be _____ us _____.

C. **Realize that hope is found only in Jesus:**

1. Luke 4:18 – Jesus' mission was directed to the _____, the _____, the _____, and the _____.
2. Matthew 11:28-30 – Jesus invites those who _____ and are _____ laden to come to _____; He'll give you _____.
3. The _____ of _____ is a beacon of hope to many from other _____. Jesus stands as a greater beacon of hope.

God brought those who were in the darkness of a _____ to light. He can do the same for those who feel _____ today.

Tim Hall, Central Church of Christ, Johnson City, Tennessee, June 23, 2024, a.m.