

# Instructive Psalms: Psalm 37

“And the Lord said, ‘Do you do well to be angry?’” Jonah 4:4 ESV

\_\_\_\_\_ of another person’s \_\_\_\_\_ is a common problem.

## The Essential Teaching Of Psalm 37 – “Fret Not”

- A. “Fret not” is the exhortation of this psalm:
1. 37:1 – We may fret because of \_\_\_\_\_.
  2. Jonah 4:4 – The prophet was \_\_\_\_\_ because God had \_\_\_\_\_ on the people of Nineveh.
  3. 37:7,8 – Instead of fretting we should \_\_\_\_\_ patiently for the \_\_\_\_\_. We must \_\_\_\_\_ wrath.
  4. Proverbs 24:19 – This is the \_\_\_\_\_ time “fret” is found.
- B. Why would the righteous person fret?
1. 37:16 – Why do the \_\_\_\_\_ have an \_\_\_\_\_?!
  2. 37:35 – The \_\_\_\_\_ man seems to prosper. Why?!
  3. Ecclesiastes 7:15 – The wicked \_\_\_\_\_ their lives.
  4. Motyer: “... the agonizing \_\_\_\_\_ in the life of faith prompted by the \_\_\_\_\_ fortunes” of the righteous and the \_\_\_\_\_.
- C. The danger is that our fretting may lead us to \_\_\_\_\_ the \_\_\_\_\_ of righteousness. Don’t “break \_\_\_\_\_”!

## Psalm 37: How To Resist This Strong Temptation

- A. 37:2,10 – Those who do \_\_\_\_\_ will soon \_\_\_\_\_.
- B. 37:3,4 – By \_\_\_\_\_ in the Lord we have a \_\_\_\_\_ life.
- C. 37:8 – Fretting \_\_\_\_\_ only to \_\_\_\_\_.
- D. 37:9,11 – Those who \_\_\_\_\_ on the Lord will \_\_\_\_\_ the land.
- E. 37:16 – The righteous man’s \_\_\_\_\_ is more than the wicked man’s \_\_\_\_\_.
- F. 37:23 – Our \_\_\_\_\_ are \_\_\_\_\_ by the Lord when we \_\_\_\_\_ in His way.
- G. 37:25 – The righteous will \_\_\_\_\_ have what they \_\_\_\_\_.
- H. 37:21,26 – The righteous can be \_\_\_\_\_ to others.
- I. 37:28 – The \_\_\_\_\_ does not \_\_\_\_\_ His saints.
- J. 37:39,40 – The Lord \_\_\_\_\_ those who take \_\_\_\_\_ in Him.

John 21:22 – Was Peter \_\_\_\_\_ of John’s destiny? Jesus’ instructions: “You \_\_\_\_\_ Me!”

*Central Church of Christ, Johnson City, Tennessee, April 17, 2022, p.m.*