

Maturing Faith: Exercise

“Have nothing to do with irreverent, silly myths. Rather train yourself for godliness.” 1 Timothy 4:7 (English Standard Version)

One has to _____ regularly to become _____ at any skill.

Mature Faith Comes Through Exercise

- A. Hebrews 5:12-14 - We become mature when our powers of _____ are trained by _____ practice.
- B. Other passages stress spiritual exercise:
 - 1. 1 Timothy 4:7 - Timothy was to _____ himself for _____; avoid silly _____.
 - 2. Loew & Nida: Discipline = “to make oneself _____”.
 - 3. Hebrews 12:11 - Discipline may seem _____, but it yields the peaceful _____ of _____.
 - 4. 2 Peter 2:14 - Some train themselves in _____.
- C. 1 Corinthians 9:24-27 - To win the _____ an athlete must exercise _____ - _____ in _____ things.

How Do We “Exercise” Our Faith?

A. *Serving the needs of others:*

- 1. John 13:14,15 - Jesus _____ their _____ to teach them the importance of _____.
- 2. Luke 10:36,37 - We must _____ as the good _____ did.
- 3. Whether through Monday Night For The Master, or other ways, *we must each find ways to serve others.*

B. *Sharing the gospel with others:*

- 1. Acts 18:26 - Aquila and Priscilla _____ to Apollos the _____ of God more _____.
- 2. 2 Timothy 2:1,2 - We must _____ what we’ve learned to _____ men and women, who will _____ others.
- 3. Let us each look for ways to bring others to the Good News.

C. *Living godly lives:*

- 1. 1 Timothy 4:7 - There is _____ involved in training ourselves in _____.
- 2. Romans 12:9-21 - Passages like this show how our _____ lives are to be _____ from the world.
- 3. Emerson: “What you _____ speaks so _____ that I cannot _____ what you are saying.”

Will we make it to heaven if we’re not trying to become mature?

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