

Maturing Faith: Nourishment

“Oh, that My people would listen to Me, that Israel would walk in My ways!”
Psalm 81:13 (English Standard Version)

To withhold _____ from our children is a _____.

What Type Of Nourishment Do Christians Need?

- A. Hebrews 5:12-14 - They needed _____, not strong _____.
Solid _____ is for the _____.
- B. Jesus' statements about nourishment:
1. Matthew 4:2-4 - Though He was _____ after _____, He valued more the _____ of God.
 2. Matthew 5:6 - Those who _____ and _____ for _____ will be satisfied.
 3. John 4:31-34 - More than physical _____, Jesus' food was to _____ His Father's _____.
 4. John 6 - Jesus is the _____ of _____. The one who eats this will live _____.
- C. Do we put as much emphasis on _____ nourishment as we do on _____?

The Importance Of Healthy Spiritual Appetites

- A. Do I desire nourishment for my soul?
1. 1 Peter 2:2,3 - Like _____, we are to _____ for the pure _____ milk.
 2. Psalm 34:8 - Is our appetite not strong because we have not _____ to see that the Lord is _____?
 3. Psalm 81:13,16 - God longs to give us what our _____ need most. He would give the _____ of wheat, and _____ from the rock to _____ us.
 4. Colossians 2:19 - We will be nourished if we hold _____ to the _____ (Christ). Growth will then happen.
 5. 2 Corinthians 9:10 - God supplies _____ to the sower and _____ for food. He offers to give what we need.
- B. Proverbs 15:14 - Those who understand will seek _____, but _____ will feed on _____.

“Sometimes ... you forget to _____ [your family] the other way, with _____.” James Brown

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