

Endure! A Better Rest

“Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience.” Hebrews 4:11 (English Standard Version)

_____ is a need that virtually every _____ has.

A Lesson From Israel’s History

- A. Hebrews 3:6,14 - The idea of endurance is stressed in the phrase “hold _____ our _____.”
- B. A negative lesson from Israel’s history:
1. Psalm 95:7b-11 - This is what Hebrews 3:7-11 quotes. It refers to a time when Israel put _____ to the _____.
 2. Exodus 17:6,7 - When they had no _____, the people questioned, “Is the Lord _____ us or _____?”
 3. Numbers 20:12,13 - _____ and _____ also showed unbelief by not _____ God’s command.
 4. Deuteronomy 6:16,17 - Don’t put God to the _____, but _____ keep His _____.

Christians Must Endure To Receive Their Rest

- A. Rest, an appealing thought:
1. Exodus 20:8-11 - God _____ that people _____ rest. The command to keep the _____ was for their benefit.
 2. Jeremiah 6:16 - If they would walk in the _____ paths they would find rest for their _____.
 3. Matthew 11:28,29 - Why is this perhaps the best-loved _____ in the Bible?
 4. Revelation 14:13 - Even _____ is not so fearful if we know we will rest from our _____.
- B. The better rest that awaits faithful Christians:
1. Hebrews 3:11-13 - An _____ heart is a danger!
 2. Hebrews 4:1-3 - The Israelites _____ God’s message, but did not show _____.
 3. Hebrews 4:5-9 - The promise is still _____. The psalm written by _____ long afterward shows that to be true.
 4. Hebrews 4:11 - This is the _____ statement: “Let us _____ to _____ that rest.” Otherwise, we may _____ by the same sort of _____.
 5. Hebrews 4:11-13 - Heed the powerful _____ of _____.

Thoughts of blessed _____ motivate us to keep on _____.

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